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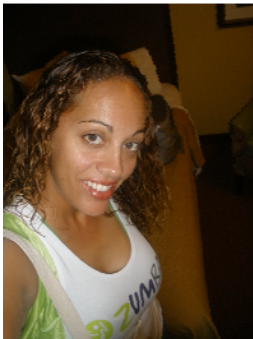
ZumbAtomic Starz (Ages 4 to 12)

Instructor: Jasmine Lopez

10 Tuesdays, 6:30 PM – 7:15 PM

Session 2: April 6 – June 8; \$50/\$60

ZumbAtomic is a dance-fitness class for kids. It's a fast-forward fusion of the Zumba program's moves (salsa, cumbia, reggaeton, hip-hop and more) and high-octane workouts designed to let kids ages 4-12 max out on fun and fitness all at the same time. Safe and effective, kids can't wait to get into the Zumbatomic groove. Watch their energy and fitness levels soar as they get the groove.



Hi! I started teaching Zumba Fitness 2 months after I first took a class. It was a blast. It did not feel like a work out! I have lost 47 pounds in seven months. I love to teach Zumba Fitness and Zumba Gold, and as soon as the Kids Program came out was amongst the first batch of people to get certified. Kids will not only workout while having fun with kid friendly music, but will gain learning in leadership, respect, teamwork, confidence, responsibility, memory, and creativity. Zumba Fitness has revolutionized the way people think about fitness, growing into one of the health and fitness industry's most innovative leaders. Join the Party! Feel free to contact me at: 239.222.4502 or email me at jazie_zumba@yahoo.com

Alliance for the Arts

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